



## Materials List

### Painting the Figure

*Jack Montmeat*

- **Oil Paints:** Higher quality artist grade paints are recommended, but for this class any oil paint brand is ok. High quality brands include M Graham, Rembrandt, Michael Harding. Winsor Newton is also ok. A suggested palette for would be:
  - Titanium White
  - Cadmium Lemon Yellow
  - Another yellow ( a great choice would be *yellow ochre*)
  - Cadmium Red light
  - An Earth red (like *indian red, venetian red, mars red* or *rosa*)
  - Blue (*Prussian blue* is the best for portraits because of its rich tone, but *ultramarine* and *pthalo blue* are also good)
  - Ivory Black
  - Raw Umber (*for toning the canvas, which the instructor will demonstrate*)
- **Turpenoid** (Weber brand in the blue container-any size. For cleaning brushes). \*No Turpenoid Natural\*
- **Silicoil brush cleaning tank-** This is a jar with a metal coil ring in it (suggested)
- **Palette-** Wooden is recommended because the wood has a good feel to it when painting, and has a middle tone which makes color mixing easier. The instructor will bring shellac for anyone who wants to try to coat their palette to keep oils from absorbing into it
- Palette knife
- **Medium** (*Winsor Newton Artists Painting Medium* or *Grumbacher Oil Painting Medium* are good options)
- **Small jar** (to hold the medium)
- **Canvas** 18"x24"or larger, or wooden panel
- **Brushes-** Ideally you want to have some synthetic brushes (which are soft) and some bristle brushes (stiffer) in a variety of sizes. Rounds, filberts, and flats are the best
- Paper towels
- Pencil

***\*Please note that the instructor will explain all of these materials, and there will be plenty of time to purchase them after the first class.\****

Need supplies for your class?

Most items above are available at AC Moore, Michaels, The Lyme Academy Store, and other art stores.

The following locations offer a 20% discount to those taking classes at the Mystic Arts Center. Students must show this supply list at check-out for discount to apply.

Finer Line Gallery  
48 Main St., Mystic, CT 06335  
860-536-8339  
[info@finerlinegallery.com](mailto:info@finerlinegallery.com)

Jerry's Artarama of CT  
1109 New Britain Ave  
West Hartford, CT 06110  
860-232-0073 <http://jerrysartsupplies.com/>  
*Sale items and framing excluded.*

MYSTIC ARTS CENTER  
9 WATER STREET, MYSTIC, CONNECTICUT 06355  
tel: 860.536.7601 x 213 fax: 860.536.0610 [www.mysticarts.org](http://www.mysticarts.org)  
[studio@mysticarts.org](mailto:studio@mysticarts.org)